



# Laughter Yoga Leader Training

July 26 - 28, 2023

Wed 6:30 - 8:30 pm | Thurs 10:30 - 5:30 | Fri 10-4:30

**COST: \$425 \*Register with a Friend - save \$50 each**  
**Already a Laughter Yoga Leader? Refresher - Just \$175**

1. Please complete and email this form to Sarah
2. mail check with hard copy of this completed form

**Make check payable to:** Sarah Routman

**Mail to:** Sarah Routman: 7821 West 110th Street Bloomington, MN 55438-2259

Once registration materials are received you will get materials to print and a list of things to bring to the training.

**Upon completion of the training**, all participants will receive Laughter Yoga Leader Certification from Laughter Yoga University. Please note: Leaders are NOT authorized to certify others as leaders. You must attend the full 16 hours of training to obtain the certification.

**NAME:**

**DATE:**

**Name of Your friend** (also registering for \$50 OFF):

**PHONE:**

**EMAIL:**

**MAILING ADDRESS:**

**We all learn differently. So that I can create the most meaningful experience for everyone, please answer these few questions. (use the back as needed)**

**1. My main reasons for wanting to obtain Laughter Yoga certification are:**

**2. I want to be sure that I learn:**

**3. I consider myself primarily:**

a visual learner  an auditory learner  an experiential learner  
 other(explain):

**4. Please describe one little-known fact about yourself:**

**5. Please describe yourself in a few sentences. (Use the back as needed)**