



Laughter Yoga Leader Training

May 16 & 17, 2026 ~ 9:30 - 5:30 each day

COST: \$425 Register with a Friend - save \$50 each
Already a Laughter Yoga Leader? Refresher - Just \$225*
***LIMIT one discount applied per participant**

1. Please complete and email this form to Sarah
2. Mail check with a hard copy of this completed form

You can share my contact information with other participants prior to the training Yes No

Make check payable to: Sarah Routman

Mail to: Sarah Routman: 7821 West 110th Street Bloomington, MN 55438-2259

Zelle or Venmo also accepted-contact me for how to do that

Once registration materials are received ,you will get materials to print and a list of things needed for the training.

Upon completing the training, all participants will receive Laughter Yoga Leader Certification from Laughter Yoga University. Please note: Leaders are NOT authorized to certify others as leaders. You must attend the full 14 hours of training to obtain the certification.

NAME:

DATE:

PHONE:

EMAIL:

MAILING ADDRESS:

Name & Contact info of Your friend (also registering for \$50 OFF):

We all learn differently. So that I can create the most meaningful experience for everyone, please answer these few questions. (use the back as needed)

1. My main reasons for wanting to obtain Laughter Yoga certification are:

2. I want to be sure that I learn:

3. I consider myself primarily:

a visual learner an auditory learner an experiential learner

other(explain):

4. Please describe one little-known fact about yourself:

5. Please describe yourself in a few sentences. (Use the back as needed)