



# Laughter Yoga Leader Training

**COST: \$425 \*Register with a Friend - save \$50 each**  
**Already a Laughter Yoga Leader? Refresher - Just \$175**

1. Please complete and email this form to Sarah
2. mail check with hard copy of this completed form

**You can share my contact information with other participants prior to the training  Yes  No**

**Make check payable to: Sarah Routman**

**Mail to: Sarah Routman: 7821 West 110th Street Bloomington, MN 55438-2259**

Once registration materials are received you will get materials to print and a list of things needed for the training.

**Upon completion of the training**, all participants will receive Laughter Yoga Leader Certification from Laughter Yoga University. Please note: Leaders are NOT authorized to certify others as leaders. You must attend the full 16 hours of training to obtain the certification.

**NAME:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**PHONE:** \_\_\_\_\_ **EMAIL:** \_\_\_\_\_

**MAILING ADDRESS:**

**Name & Contact info of Your friend** (also registering for \$50 OFF):

**We all learn differently. So that I can create the most meaningful experience for everyone, please answer these few questions. (use the back as needed)**

**1. My main reasons for wanting to obtain Laughter Yoga certification are:**

**2. I want to be sure that I learn:**

**3. I consider myself primarily:**

a visual learner  an auditory learner  an experiential learner  
 other(explain): \_\_\_\_\_

**4. Please describe one little-known fact about yourself:**

**5. Please describe yourself in a few sentences. (Use the back as needed)**